

**PLD Choir In-Person Rehearsal Guidelines
Winter/Spring 2021**

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PURPOSE

Students will rehearse music with the goal of a potential virtual choir performance for inclusion in the Spring Concert which will air in May on YouTube.

Musicians are adaptable and resilient and we plan to adapt and safely meet these challenges.

OVERVIEW

- PLD Chamber Choir will be the ensemble which participates in the in-person rehearsals and will be divided into cohorts of 15 (*per FCPS Music COVID guidelines*).
 - Students will wear cloth masks/face coverings at all times in rehearsal (including while singing).
 - Based upon scientific study recommendations, singing will be limited to 30 minutes per space.
 - Individual cohort ensembles will rehearse for not more than 1 hour.
 - Individual cohort ensembles will rehearse once per week.
 - Students & teacher will transition to a second room while the first room undergoes an HVAC air exchange.
 - Outdoor, masked singing may be utilized if music and weather permits.
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HEALTH and SAFETY PROTOCOLS

ARRIVAL PLAN

- All sponsors (teachers and chaperones) and students will be screened for signs/symptoms of Covid-19, including a temperature check following guidelines provided by Fayette County Public Schools.
- Responses to screening questions will be recorded and stored on a separate form for each student/staff.
- Any person with positive symptoms or a temperature of 100.4 degrees Fahrenheit and above will be sent home to be evaluated by their healthcare provider.

FACE COVERING

- All sponsors (teacher and chaperones) and students will be required to wear a face mask upon arrival/departure, when in rehearsal, taking a break, and during transition/idle time.

HANDWASHING

- Antibacterial soap and hand sanitizer will be provided.
- Students will be required to wash their hands for 20 seconds with soap and water after they complete the screening and temperature check.
- Students will be asked to use hand sanitizer OR wash their hands for 20 seconds with soap and water every 30 minutes.
- Students will be required to wash their hands for 20 seconds with soap and water before they leave rehearsal.

FACILITIES CLEANING

- Teacher will disinfect classroom surfaces before rehearsal.
- Teacher will disinfect classroom surfaces at the conclusion of rehearsal.

PHYSICAL ACTIVITY AND EQUIPMENT

- Students will have an assigned seat during rehearsal spaced the appropriate 6 feet apart all facing the same direction.
- Students will not be permitted to share folders or music.
- Students should refrain from bringing personal belongings.
- Students must keep personal belongings under their assigned seat during rehearsal.

PHYSICAL DISTANCING

- A minimum of 6 feet between students will be required at all times.
- Though rehearsal will be less than one hour, students will be expected to stay physically distant during any breaks or transitions.
- A maximum of 15 students are assigned to each chamber ensemble cohort group.
- Sponsors (teacher and chaperones) will maintain a 6-foot distance from students at all times.
- Only sponsors (teacher and chaperones) and students in the ensemble will be allowed in rehearsal.

FOOD AND DRINK

- All students will be required to bring and use their own labeled water bottle.
- Water bottles will not be shared or provided.
- Water fountains will be prohibited from use.
- Snacks will not be permitted in the rehearsal space before or after rehearsal.

REHEARSAL ACTION STEPS and PROCEDURES

1. Teacher disinfects all surfaces prior to start of rehearsal.
 2. Student health screening upon arrival.
 3. Student washes hands for at least 20 seconds.
 4. Students sit in assigned area in the choir room.
 5. Sponsor washes hands after student health screening.
 6. Rehearsal begins.
 7. Students wear masks during rehearsal.
 8. Students sanitize hands every 30 minutes.
 9. Students depart.
 10. Teacher disinfects all surfaces in rehearsal space immediately after rehearsal.
 11. Sponsors (teacher and chaperones) and students will be encouraged to wash clothing and shower when they arrive home.
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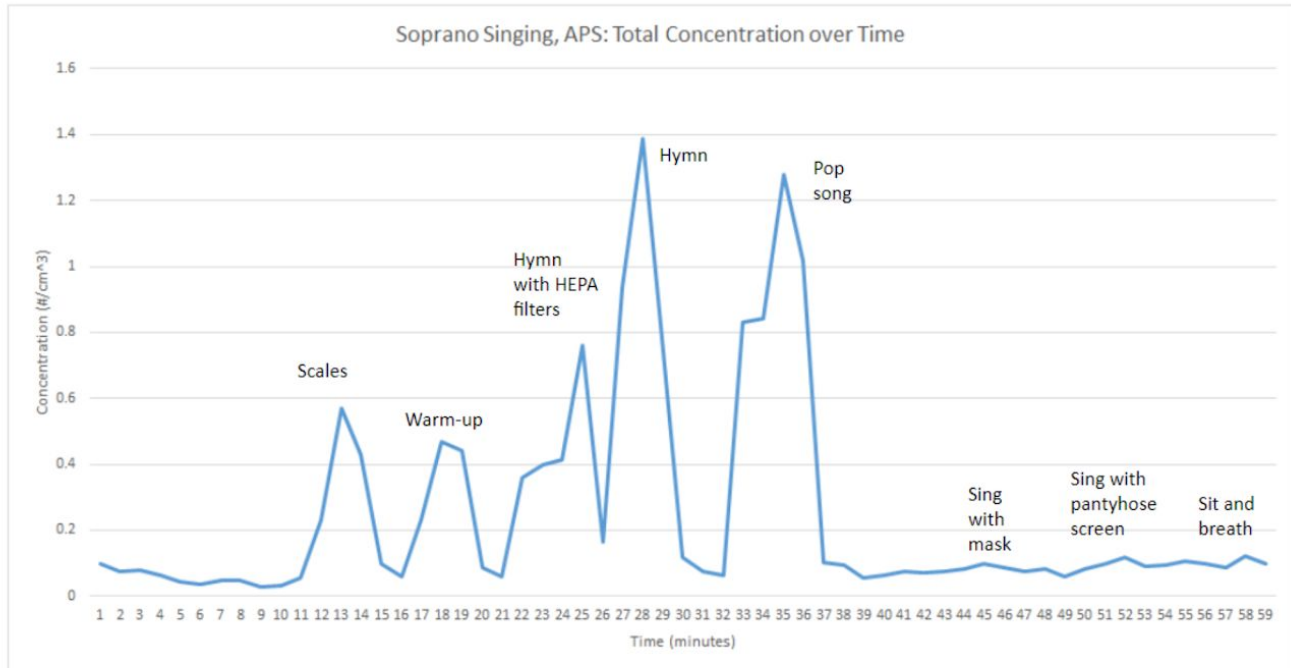
FAMILY EXPECTATIONS

- Ensure student is healthy and check their child's temperature daily.
- Provide a full water bottle for each training.
- Carpooling with other choir members is prohibited.
- Adhere to social distance requirements based on state and local health guidelines.
- Entering the practice area or assisting the coach/director with equipment before or after training is prohibited.
- Wash child's clothing after every training session.
- Sanitize all equipment/instruments (e.g. cleats, ball, etc.) before and after every training.
- Notify the coach/director immediately if your child becomes ill for any reason.
- Be sure your child has necessary sanitizer with them at all times.

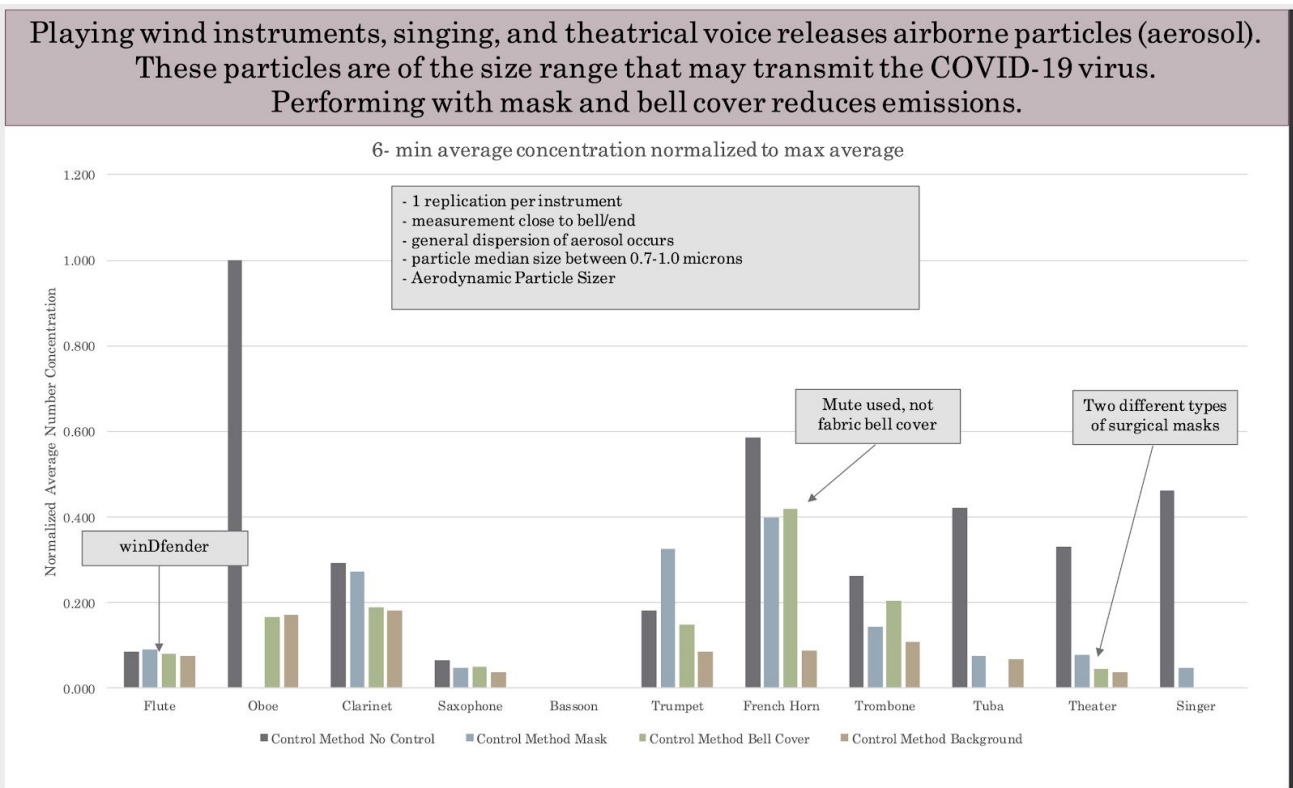
STUDENT EXPECTATIONS

- Temperature should be taken daily.
- Wash hands thoroughly before and after rehearsals.
- Bring own water bottle to every rehearsals.
- Bring hand sanitizer to every practice for personal use.
- Wear mask before and immediately after all rehearsals.
- Do not touch or share anyone else's equipment, water, snack or bag.
- Practice social distancing by placing bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- Refrain from group celebrations, including high fives, hugs, handshakes etc.

Singing APS



APS Definition: Aerodynamic Particle Sizer spectrometer (APS) is based on the acceleration of airborne particles immersed in an air flow through a nozzle (measures 0.5-20 µm particles).



Slides from the International Coalition of Performing Arts Aerosol Study.

<https://www.nfhs.org/articles/unprecedented-international-coalition-led-by-performing-arts-organizations-to-commission-covid-19-study>

Mask Fitting Importance

Poor fitting mask

- Gaps on the sides
- Nose not covered
- Loose around the edges
- All of the above are poor fitting in their own right

Better fitting mask

- No gaps on the sides
- Nose covered
- A fairly good fit around the edges

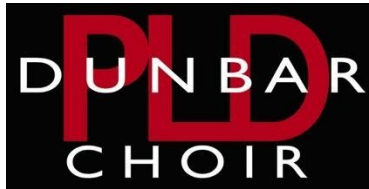
Well fitting mask

- No gaps
- Nose covered
- Tight around the edges
- Should leave a mask outline once removed

Masking – Fit Matters

- Wash your hands before putting on your mask
- Place it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Wear a mask correctly for maximum protection
- **Woodwinds and Brass** should use a mask while playing which includes a small straight slit in a surgical style mask
- Do not use the woodwind/brass mask outside of rehearsal





In-Person Rehearsal Permission Slip Winter/Spring 2021

My student, _____, has my permission to participate in in-person rehearsals with the PLD Chamber Choir after school.

I have read and understand the rehearsal safety procedures and guidelines included in this packet.

I have read, understand, and agree to the expectations for students and families as listed below.

FAMILY EXPECTATIONS

- Ensure student is healthy and check their child's temperature daily.
- Provide a full water bottle for each training.
- Carpooling with other choir members is **prohibited**.
- Adhere to social distance requirements based on state and local health guidelines.
- Entering the practice area or assisting the coach/director with equipment before or after training is **prohibited**.
- Wash student's clothing after every training session.
- Sanitize all equipment/instruments (e.g. cleats, ball, etc.) before and after every training.
- Notify the coach/director immediately if your child becomes ill for any reason.
- Be sure your child has necessary sanitizer with them at all times.

STUDENT EXPECTATIONS

- Temperature should be taken daily.
- Wash hands thoroughly before and after rehearsals.
- Bring own water bottle to every rehearsals.
- Bring hand sanitizer to every practice for personal use.
- Wear mask before, during, and after all rehearsals.
- Do not touch or share anyone else's equipment, water, snack or bag.
- Practice social distancing by placing bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- Refrain from group celebrations, including high fives, hugs, handshakes etc.

I, _____, the student, will abide by all expectations and support and encourage others to do so as well.

Parent/Guardian Name

Student Name

Parent/Guardian Signature

Student Signature

Date